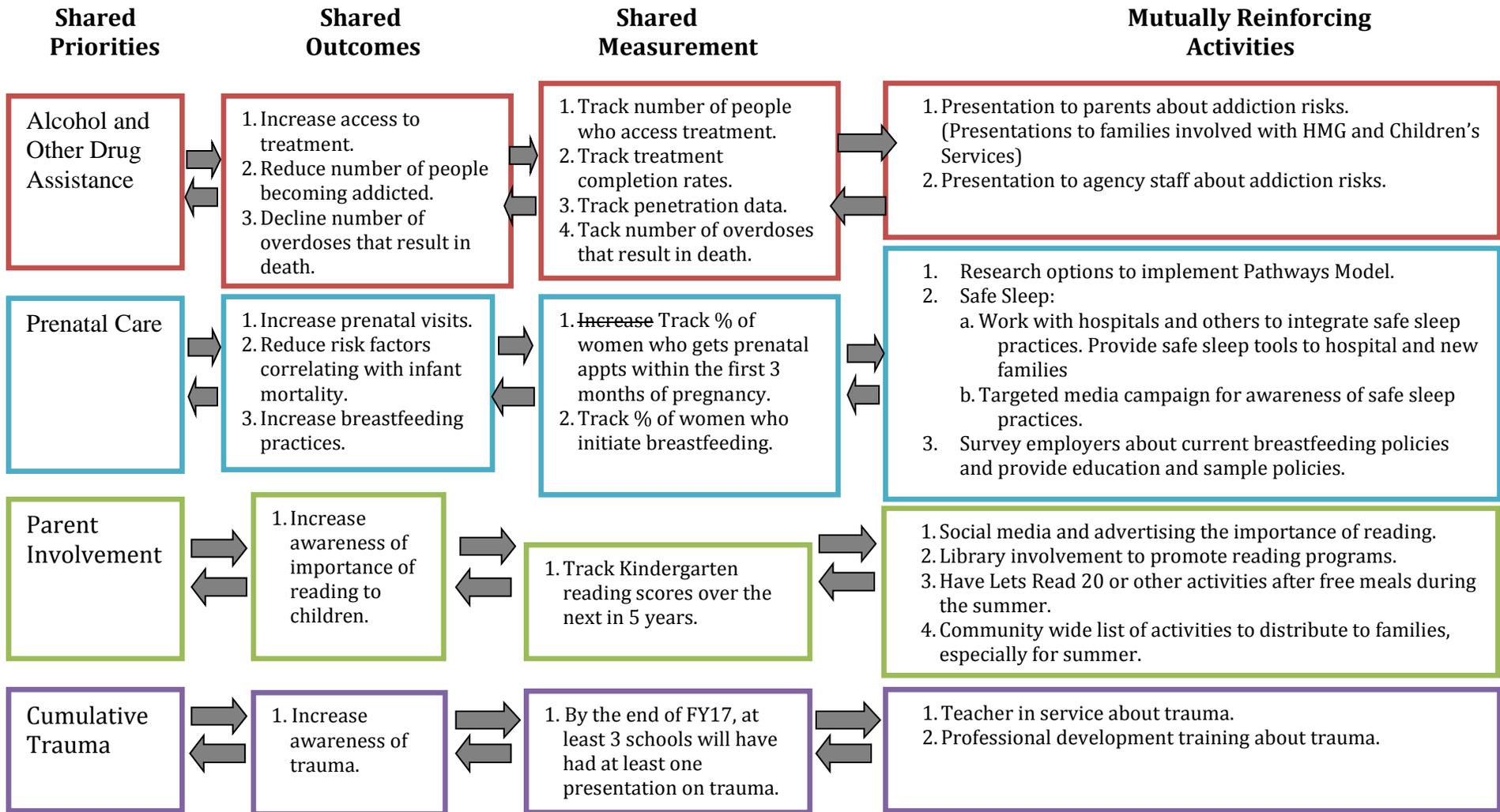


# Crawford County Family and Children First Council Shared Plan for SFYs 17-19

## Shared Plan Update for SFY 17

**FY17: Current FCFC Initiatives: Transition Team; Service Coordination; Strong Families; HMG**  
**Current Community Initiatives: AOD:** Outpatient treatment, support groups, recovery houses, recovery conference, recovery coach training, jail based services, community education/overdose prevention; **Prenatal Care:** Help Me Grow, WIC, Voice of Hope, Medicaid;  
**Parent Involvement:** Parenting programs, parent involvement nights at schools, church outreaches; **Cumulative Trauma:** Counseling center providing trauma informed treatment, domestic violence support group



# Crawford County Family and Children First Council Shared Plan for SFYs 17-19

## Shared Plan Update for SFY 17

Were there any modifications from last year's plan? Yes  No

If yes, please identify the types of changes made by checking the appropriate boxes below:

Priorities

- X Outcomes: Prenatal Outcomes added increase breastfeeding practices.
- X Indicators: Prenatal Outcomes added to track the percentage of women who initiate breastfeeding.
- X Strategies: Prenatal Outcomes added survey employers about current breast feeding policies and provide education and sample policies.

1. Identify any barriers in implementing the plan (i.e. data collection, data tracking, funding, infrastructure, etc.)  
Crawford County has limited individuals available to meet due to various circumstances. There are so many meetings related to each individual's work and then added responsibilities with the plan, it is hard for some individuals to attend or make commitments to continue.
  
2. Identify any successes/how implementing this plan has worked to strengthen the council and county collaboration.  
Crawford County had a Community Health Needs Assessment done at the end of 2015 the Community Health Improvement Plan (CHIP) was released in 2016. The groups have worked together to reduce the number of meetings related to each topic and to best utilize the time and effort of each team member.

**Report on Indicator Data** (Provide data for each outcome indicator listed on the Shared Plan. List only ONE outcome per page. This page can be duplicated as needed).

# Crawford County Family and Children First Council Shared Plan for SFYs 17-19

## Shared Plan Update for SFY 17

**Shared Outcome: Alcohol and Other Drug Assistance: 1. Increase access to treatment; 2. Reduce number of people becoming addicted; 3. Decline number of overdoses that result in death.**

Indicator(s):	Baseline Data	Current Year Data	Direction of Change (+, -, NC)
Track number of penetration data.	Data: 62 out of 1,000 were seen for Mental Health or AOD treatment, 416 individuals were seen for AOD only. Year of Data: 2015	Data: 60 out of 1,000 were seen for Mental Health or AOD treatment. Year of Data: 2016	The rates are the same.
Track number of treatment completion rates.	Data: 61% for Mental Health and AOD treatment. Year of Data: 2014	Data: 58% for Mental Health and AOD treatment. Year of Data: 2016	The rate is slightly lower.
Track deaths resulting from overdose.	Data: 8 deaths in 2014 Year of Data: 2014	Data: 10 deaths in 2015 and 9 deaths in 2016 Year of Data: 2016	Deaths have increased.

**3. List the data source(s) for the indicator(s):**

- Penetration Data: 62 out of every 1,000 residents were seen in 2016, individuals could have been served for mental health or addiction treatment. The rates for the state of Ohio is 42 and for the U.S. it is 23. The provider agencies are double the national rate and Crawford County is getting close to one and a half times the rate for the State of Ohio.
- 62 out of every 1,000 residents were seen in 2015, individuals could have been served for mental health or addiction treatment. In 2015, 416 were seen for AOD only. In 2014 the rate was 58 out of every 1,000 and 384 were seen for AOD only. (Marion-Crawford ADAMH Board [MaryHaven and Community Counseling Services]& OHMAS)
- Treatment Completion Rate was 61%, which is for both mental health and substance use disorder treatment in 2014. (Crawford-Marion ADAMH Board)
- Unintentional Drug Overdose:

# Crawford County Family and Children First Council Shared Plan for SFYs 17-19

## Shared Plan Update for SFY 17

- Crawford County Overdose Deaths in 2015 was 10 and in 2016 it was 9.
- Crawford County Average age-adjusted unintentional drug overdose death rate per 100,000 population 2009-2014 was 16. (Ohio Department of Health 2014 Ohio Drug Overdose Preliminary Data: General Findings, page 6) There were 8 deaths in 2014. (Ohio Department of Health 2014 Ohio Drug Overdose Preliminary Data: General Findings, page 8)
- The average age-adjusted unintentional drug overdose death rate was 15.1 deaths per 100,000 in Crawford County from 2008-2013. (Crawford County Community Health Needs Assessment released May 2016, page67)

#### 4. Identify any key findings (explanation of data findings; FCFC actions taken in response to key findings, etc.):

Key Findings: The data is concerning regarding the percentage of people who are frequently drinking, binge drinking, using marijuana, and misusing prescription medication.

#### Current Community Efforts:

- Outpatient treatment: MaryHaven AOD treatment. MaryHaven has moved and plans to expand services to include youth. They offer medicated assisted treatment.
- Outpatient treatment: Community Counseling certified to serve AOD and still work with kids referred by the court.
- Support Group: Together We Hurt, Together We Heal offer support groups at the United Methodist Church.
- Recovery House: Together We Hurt, Together We Heal are also opening a male Recovery House. They hope to open a women and children or family recovery house in the future.
- Faith Based Recovery House: Jericho House opened a faith based recovery house for single women, primarily coming from prison.
- Support Groups: NA, AA, Al Anon, Al A teen trained individual.
- Recovery Conference
- Recovery Coach Training: People in sustained recovery for over 2 years can become coaches to individuals currently in recovery.
- Jail Based Services
- Community Education/ Overdose Prevention: Nasal Naloxone Presentations sponsored by the ADAMH Board
- Changes in the law allowing individuals to purchase Nasal Naloxone over the counter.

#### FCFC Actions:

- Community Education: The ADAMH Board will take the lead to host presentations to parents discussing addiction risks. Some target audiences may be Help Me Grow parents and families involved with Children's Services.

**FCFC Actions 2016:** A community training called Operation Street Smart was held in Bucyrus in August of 2016. Operation Street Smart is scheduled to return to the community in October 23, 2017.

# Crawford County Family and Children First Council Shared Plan for SFYs 17-19

## Shared Plan Update for SFY 17

**Shared Outcome: Prenatal Care: 1. Increase prenatal visits; 2. Reduce risk factors correlating with infant mortality; 3. Increase breastfeeding practices.**

Indicator(s):	Baseline Data	Current Year Data	Direction of Change (+, -, NC)
Track percentage of women who get prenatal appointments within the first 3 months of pregnancy.	Data: 52% of pregnant women got a prenatal appointment within the first 3 months of pregnancy during their last pregnancy Year of Data: 2015	Data: Data was from 2015 Health Assessment. No new data available. Year of Data: 2015	No data available to determine change until next health assessment.
Track percentage of families who report putting their child to sleep: in a bed with a parent or another person, put in a crib/bassinette with other items, pregnant women who took prenatal vitamins, pregnant women who took folic acid pre-pregnancy, mothers who experienced domestic violence, and pregnant women who reported smoking marijuana.	Data: 51% of children were reported to be put to sleep in a bed with a parent or another person and 49% were put in a crib/bassinette with other items. 48% of pregnant women took prenatal vitamins, 18% took folic acid during pregnancy, 15% took folic acid pre-pregnancy, 3% experienced domestic violence, & 3% reported smoking marijuana. Year of Data: 2015	Data: Data was from 2015 Health Assessment. No new data available. Year of Data: 2015	No data available to determine change until next health assessment.
Track percentage of women who initiate breastfeeding.	1. An average of 56.5% of women initiated breastfeeding according to WIC. Year of Data: 2016	Data: 2st year of data tracking. Year of Data: 2016	Initial data.

**1. List the data source(s) for the indicator(s):**

- Crawford County Community Health Needs Assessment released May 2016
  - Children were put to sleep in the following places as infants: crib/bassinette (no bumper, blankets, stuffed animals) (51%), in bed with parent or another person (50%), crib/bassinette (with bumper, blankets, stuffed animals) (49%), car seat (49%), pack n' play (46%), swing (38%), couch or chair (23%), and floor (19%). (Page 103)
  - Parents faced the following challenges regarding day-to-day demands of parenting and raising children: financial burdens (33%), demands of multiple children (26%), managing child's behavior (25%), finding extracurricular activities for their child (13%), transporting child to extracurricular activities (12%), affordable childcare (9%), finding reliable childcare (9%), child with special needs (7%), being a single parent (4%), difficulty with lifestyle changes (4%), and parent alcohol and/or drug abuse (1%). (Page 103)
  - 36% of Crawford County women had been pregnant in the past 5 years. (Page 70)

# Crawford County Family and Children First Council Shared Plan for SFYs 17-19

## Shared Plan Update for SFY 17

- During their last pregnancy, Crawford County women: got a prenatal appointment in the first 3 months (52%), took a multi-vitamin (48%), had a dental exam (32%), received WIC services (26%), took folic acid during pregnancy (18%), took folic acid pre-pregnancy (15%), experienced perinatal depression (8%), experienced domestic violence (3%), and used marijuana (3%). No one reported smoking cigarettes during their last pregnancy.
- Mothers breastfed their child: more than 9 months (38%), 3 to 6 weeks (4%), 2 weeks or less (19%), still breastfeeding (6%), and never breastfed (32%). Of those with incomes less than \$25,000, 67% never breastfed their child.
- 2016: 56.5% of WIC mothers initiated breastfeeding. Crawford County WIC report.

### 2. Identify any key findings (explanation of data findings; FCFC actions taken in response to key findings, etc.):

Key Findings: The number of women not getting a prenatal visit within the first three months of pregnancy was concerning.

#### Current Community Efforts:

- Help Me Grow Services: Early Intervention; Home Visiting; Mother, Infant, Early Childhood Home Visiting
- Voice of Hope: parent education
- Medicaid: Community connectors

#### FCFC Actions 2016:

- Work with the Community Health Improvement Plan for action steps. The plan will be completed within calendar year 2016.

#### FCFC Actions 2017:

- The Community Health Improvement Plan developed three primary goals.
  - 1. Implement Pathways Model** Year 1: Research the Community Pathways Model, which works to decrease poor birth outcomes in the high risk pregnant population. Determine interest and feasibility of implementing the Pathways Program in existing clinics and community centers throughout Crawford County.

**November 2016:** Dr. Mark Redding from Community Health Access Partners (Pathways Hub) spoke at a Family and Children First Council meeting. At a following council meeting, it was decided to wait until the Medicaid changes took place to see if it would change how the Pathways model might work with insurances. The council also wanted to make sure there was enough vested interest before moving forward. A follow up discussion will take place at the August 2017 council meeting.
  - 2. Increase the Use of Safe Sleep Practices** Year 1: Work with hospitals and others to integrate safe sleep practice (i.e. The ABC's of Safe Sleep, Baby Boxes, "Cribs for Kids") into the hospital and community, developing a joint targeted media campaign for awareness and provide safe sleep tools to hospitals and new families.

# Crawford County Family and Children First Council Shared Plan for SFYs 17-19

## Shared Plan Update for SFY 17

**Safe Sleep Board:** Help Me Grow was awarded a mini grant from the SIDS Network of Ohio in May of 2017 and purchased a safe sleep board to show what you should and should not have in a crib.

**Pack-n-Play Distribution:** Pack-n-Plays have been available for eligible families if they do not have a safe sleeping option for their babies. Pack-n-Plays have been provided through a grant and donations from Kiwanis Club. Calendar Year 2016 34 pack-n-plays were distributed in Crawford County. Calendar Year 2017 10 were distributed as of March 2017. Since April of 2015 50 pack-n-plays have been distributed.

- 3. Increase Breastfeeding Practices** Year 1: Survey employers about current breastfeeding policies and provide education and sample policies.

**SPROUTS Learning Group for pregnant and new moms:** A support group has been meeting monthly in Galion at an obstetrician's office and starting in July 2017 will be meeting in Bucyrus at Crawford Public Health. The Galion group meets the 1<sup>st</sup> Friday from 1:00-2:00pm and the Bucyrus group will meet on the 3<sup>rd</sup> Friday from 1:00-2:00pm. This group is designed to answer questions about breastfeeding: what to expect in the first few weeks and beyond, common breastfeeding difficulties, and your career and breastfeeding. The group is open to women who are not breastfeeding as well.

# Crawford County Family and Children First Council Shared Plan for SFYs 17-19

## Shared Plan Update for SFY 17

### Shared Outcome: Parent Involvement: **Increase awareness of importance of reading to children.**

Indicator(s):	Baseline Data	Current Year Data	Direction of Change (+, -, NC)
Track Kindergarten reading scores over the next 5 years.	Data: 5 districts had <10 students were not on track where NC of those students improved to on-track in 1 <sup>st</sup> grade and 1 district had 50 kids where 16% improved to on-track in 1 <sup>st</sup> grade. K-3 Literacy Improvement: 2 districts were rated B, 2 were rated C, and 2 were rated F Year of Data: 2014-2015 school year	Data: Number of students not on track in the 6 districts: 25, 192, 92, 10, 122, and 33. One district was rated a B, 4 districts were rated D and 1 district was rated F. Year of Data: 2015-2016 school year	There was an increase in the number of students not on track on their kindergarten readiness scores. The school rating averaged about the same, some increased and some decreased.

**1. List the data source(s) for the indicator(s):**

- KRAL scores (Kindergarten Readiness Assessment)
  - Ohio School Report Card 2014-2015 school year. (<http://reportcard.education.ohio.gov>)
    - Bucyrus City Schools: 50 kindergarten students were not on-track last year. 16% of those students improved to on-track in 1<sup>st</sup> grade. K-3 Literacy Improvement received a Grade F.
    - Buckeye Central Schools: <10 kindergarten students were not on-track last year. NC of those students improved to on-track in 1<sup>st</sup> grade. K-3 Literacy Improvement received a Grade B.
    - Colonel Crawford Schools: <10 kindergarten students were not on-track last year. NC of those students improved to on-track in 1<sup>st</sup> grade. K-3 Literacy Improvement received a Grade F.
    - Crestline Exempted Village Schools: <10 kindergarten students were not on-track last year. NC of those students improved to on-track in 1<sup>st</sup> grade. K-3 Literacy Improvement received a Grade C.
    - Galion City Schools: <10 kindergarten students were not on-track last year. NC of those students improved to on-track in 1<sup>st</sup> grade. K-3 Literacy Improvement received a Grade B.
    - Wynford Schools: <10 kindergarten students were not on-track last year. NC of those students improved to on-track in 1<sup>st</sup> grade. K-3 Literacy Improvement received a Grade C.
  - Ohio School Report Card 2015-2016 school year. (<http://reportcard.education.ohio.gov>)
    - Bucyrus City Schools: 192 kindergarten students were not on-track last year. K-3 Literacy Improvement received a Grade D.

# Crawford County Family and Children First Council Shared Plan for SFYs 17-19

## Shared Plan Update for SFY 17

- Buckeye Central Schools: 25 kindergarten students were not on-track last year. K-3 Literacy Improvement received a Grade D.
  - Colonel Crawford Schools: 92 kindergarten students were not on-track last year. K-3 Literacy Improvement received a Grade D.
  - Crestline Exempted Village Schools: 10 kindergarten students were not on-track last year. K-3 Literacy Improvement received a Grade D.
  - Galion City Schools: 122 kindergarten students were not on-track last year. K-3 Literacy Improvement received a Grade B.
  - Wynford Schools: 33 kindergarten students were not on-track last year. K-3 Literacy Improvement received a Grade F.
- Crawford County Community Health Needs Assessment released May 2016
    - Parents reported they read to their child: every day (20%), almost every day (22%), a few times a week (29%), a few times a month (5%), and a few times a year (2%). 11% of parents reported their child read to him/herself, and 12% reported never reading to their child. (page 103)
- 2. Identify any key findings (explanation of data findings; FCFC actions taken in response to key findings, etc.):**
- Key Findings: There are a significant number of parents who reported never reading to their child. Crawford FCFC members would like to increase parent involvement through reading to their children in hopes to improve relationships as well as academics, such as the KRAL scores.
- Current Community Efforts:
- Community Counseling Services offers Triple P parenting program.
  - Affinity Health Works offers Love and Logic parenting program.
  - YWCA of Northwest Ohio offered Incredible Years and ACT parenting programs in FY16.
  - FCFC offered Parent Café's in FY16.
  - Schools have parent involvement nights.
  - Churches have Vacation Bible School, youth groups and other outreach efforts.
- FCFC Plan of Actions 2016:
- Social media and advertising the importance of reading.
  - Library involvement to promote reading programs.
  - Have Lets Read 20 or other activities after free meals during the summer.
    - Crawford Childhood Initiative and community libraries. Barb Scott at Bucyrus Library currently organized activities after summer free meals.

# Crawford County Family and Children First Council Shared Plan for SFYs 17-19

## Shared Plan Update for SFY 17

- Community wide list of activities to distribute to families, especially for summer.
  - Survey monkey to local churches about activities/ministries.
    - Tina Wallar develop the survey and distribute the survey by September 1, 2016.
    - Cullen Satterthwaite contact Bucyrus pastor for contact list of pastors in Bucyrus and get the list to Tina Wallar.
    - Cindy Wallis contact Galion pastor for contact list of pastors in Galion and get the list to Tina Wallar.

### FCFC Actions 2017:

- **Libraries** are continuing to do their summer reading programs. March 2017 Barb Scott from the Bucyrus Public Library became a member of Family and Children First Council. She promotes the library programs on the library website and Facebook page.
- **Let's Read 20 Discussion:** December 2016 Mike Ring from Marion Let's Read 20 presented to the Crawford County Family and Children First Council. Since the presentation a group formed called Crawford Reads 20. Pioneer Career and Technology Center students designed a logo for the initiative. A book drive was held in April 2017. The short term goals are to distribute books during the summer lunch program. The group is looking into becoming a 501c3 or partnering with an existing 501c3 to further the efforts.
- **Community List of Activities:** Crystina Wallar sent out an email to the ministerial associations and only received information from a few churches. Crawford County Now has many things posted for families to do. The Tourism Bureau also has a calendar with activities. Avita Health System has developed a website from the Community Health Improvement Plan to include information about many agencies and events in the county. Crawford Family and Children First Council has also discussed pursuing a Facebook page to advertise community events and promote each agencies information.

# Crawford County Family and Children First Council Shared Plan for SFYs 17-19

## Shared Plan Update for SFY 17

### Shared Outcome: Cumulative Trauma: **Increase awareness of trauma.**

Indicator(s):	Baseline Data	Current Year Data	Direction of Change (+, -, NC)
By the end of FY17, at least 3 schools will have had at least one presentation on trauma.	Data: No schools have had formal teacher trainings regarding trauma. Year of Data: 2016	Data: 3 schools have had a teacher training on trauma. Year of Data: 2017	Goals have been completed.
Community Counseling Services will host at least one professional development training about trauma during FY17.	Data: There has been no local trauma training in Crawford County. Year of Data: 2016	Data: Community Counseling Services presented on trauma at a local conference in April. Year of Data: 2017	Goals have been completed.

**1. List the data source(s) for the indicator(s):**

- Crawford County Community Health Needs Assessment released May 2016
  - In 2015, one-fifth (20%) of Crawford County adults were limited in some way because of a physical, mental or emotional problem (22% Ohio, 20% U.S., 2014 BRFSS), increasing to 37% of those with incomes less than \$25,000. (Page 89)
  - Among those who were limited in some way, the following most limiting problems or impairments were reported: back or neck problems (43%), chronic pain (38%), arthritis/rheumatism (35%), stress, depression, anxiety, or emotional problems (33%), walking problems (32%), sleep problems (31%), lung/breathing problems (30%), high blood pressure (28%), heart problems (15%), tobacco dependency (13%), diabetes (12%), fitness level (12%), hearing problems (10%), fractures, bone/joint injuries (10%), mental health illness/disorder (9%), other mental health issue (9%), a learning disability (9%), incontinence (7%), cancer (6%), dental problems (5%), a developmental disability (5%), eye/vision problems (4%), and alcohol dependency (2%). (Page 89)
  - Crawford County adults experienced the following as a child: their parents became separated or were divorced (24%), lived with someone who was a problem drinker or alcoholic (23%), a parent or adult in their home swore at, insulted, or put them down (21%), lived with someone who was depressed, mentally ill, or suicidal (13%), a parent or adult in their home hit, beat, kicked, or physically hurt them (13%), someone at least 5 years older than them or an adult touched them sexually (11%), their parents or adults in their home slapped, hit, kicked, punched, or beat each other up (11%), lived with someone who used illegal stress drugs, or who abused prescription medications (9%), lived with someone who served time or was sentenced to serve time in prison, jail or other correctional facility (7%), someone at least 5 years older than them or an adult tried to make them touch them sexually (5%), someone at least 5 years older than them or an adult forced them to have sex (4%), and their parents were not married (4%). (Page 91)
  - 18% of Crawford County adults have had three or more adverse childhood experiences, which can lead to multitude of health and social problems. (Page 91)

# Crawford County Family and Children First Council Shared Plan for SFYs 17-19

## Shared Plan Update for SFY 17

- Crawford County residents reported the following concerns in their community: unemployment (60%), illegal drug use (54%), crime (47%), opiate/prescription drug abuse (34%), distracted driving (32%), youth substance abuse (29%), violence (29%), underemployment (28%), bullying/cyber bullying (27%), lack of affordable healthcare (26%), school funding (25%), alcohol abuse (24%), teen pregnancy (23%), child abuse/childhood trauma (21%), DUI (21%), OVI (20%), domestic violence (18%), healthy eating (17%), physical fitness opportunities (17%), tobacco use (17%), speeding (16%), parents hosting/allowing underage drinking (16%), senior/elder care (15%), suicide prevention (14%), lack of affordable housing (13%), lack of health education (13%), sexting (12%), lack of affordable transportation (12%), nutrition (12%), hunger/food security (11%), homelessness (10%), bicycle safety (9%), traffic (8%), disaster preparedness (7%), cancer prevention screenings (7%), chronic disease prevention (6%), discrimination based on race, ethnicity, sexual orientation, etc. (6%), seat belt or restraint usage (6%), gambling (5%), cooking (3%), and falls (2%). (Page 91)
- Crawford County adults reported they or a family member had been diagnosed with or treated for the following mental health issues: depression (30%), anxiety or emotional problems (22%), anxiety disorder (21%), bipolar (14%), attention deficit disorder (13%), alcohol and illicit drug abuse (11%), developmental disability (8%), post-traumatic stress disorder (7%), autism spectrum (4%), psychotic disorder (3%), other trauma (3%), life adjustment disorder (2%), and another mental health disorder (5%). 22% of adults indicated they or a family member had taken medication for a mental health issue. (page 99)
- Crawford County adults indicated the following caused them anxiety, stress or depression: financial stress (35%), job stress (32%), poverty/no money (21%), other stress at home (17%), death of close family member or friend (17%), marital/dating relationship (16%), fighting at home (15%), unemployment (8%), fighting with friends (5%), not having enough to eat (5%), family member with substance abuse problem (4%), family member with mental illness (3%), alcohol or drug use at home (3%), not feeling safe in the community (3%), divorce/separation (2%), not having a place to live (2%), family member in the military (2%), not feeling safe at home (2%), and sexual orientation/gender identity (1%). (Page 99)

## 2. Identify any key findings (explanation of data findings; FCFC actions taken in response to key findings, etc.):

**Key Findings:** The percentage of adults who have had three or more adverse childhood experiences is concerning. Crawford FCFC would like to reduce the number of kids and adults being re-traumatized while in school or accessing community services by educating teachers and professionals about the effects of trauma.

### Current Community Efforts:

- Community Counseling Services have staff trained in trauma including EMDR and Play Therapy and DBT. Some staff are trained in helping people who have or are experiencing domestic violence as well.
- Turning Point (domestic violence shelter) is looking at having a support group available in Crawford County.
- Mental Health Court

### FCFC Actions:

# **Crawford County Family and Children First Council Shared Plan for SFYs 17-19**

## **Shared Plan Update for SFY 17**

- **Teacher in service about trauma (how trauma will impact kids).**
  - Community Counseling Services did one teacher in service trauma training at 3 school districts by the end of the FY17 fiscal year.
- **Professional development training about trauma.**
  - Community Counseling Services presented on trauma at the Dream Child Conference in April 2017. This is a local conference where many local professionals attend to receive continuing education units.
  - Community Counseling Services did a presentation at Community Counseling about Toxic Stress in May 2017. The presentation was open to the public.