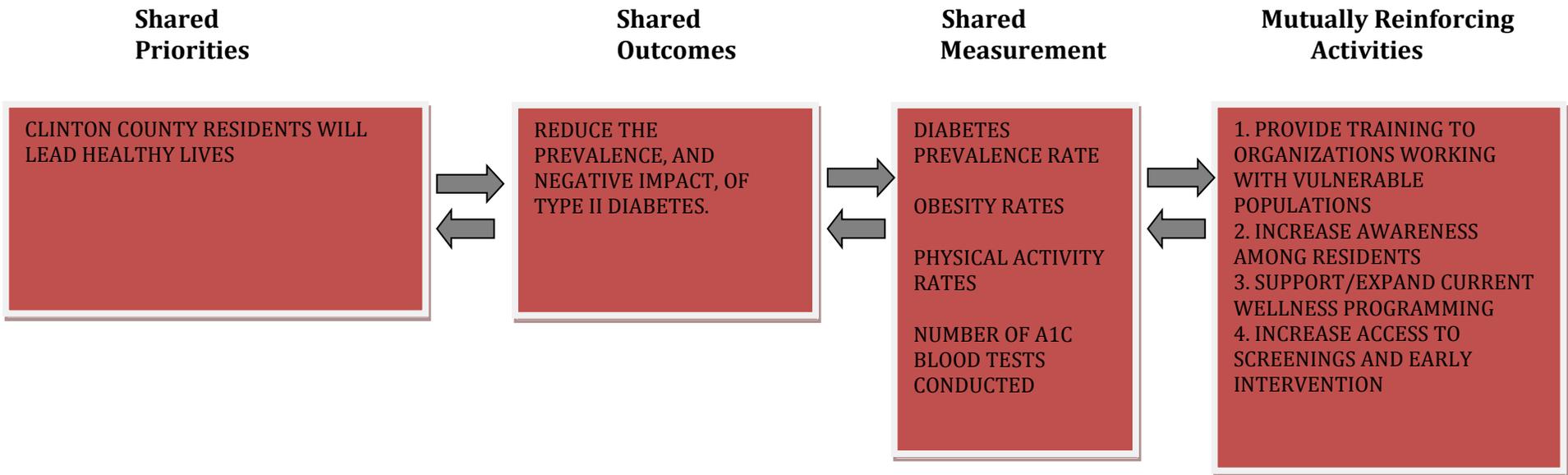


# Clinton County Family and Children First Council Shared Plan Update for SFYs 17-19

**Current FCFC Initiatives:** Participate in OCTF's Regional Prevention Council; Support HMG's Early Intervention Program; Community Planning



**Were there any modifications from last year's plan? Yes No X**

**If yes, please identify the types of changes made by checking the appropriate boxes below:**

Priorities

Outcomes

Indicators

Strategies

**1. Identify any barriers in implementing the plan (i.e. data collection, data tracking, funding, infrastructure, etc.)**

Since funds to implement plans were not made available, securing funds has delayed the implementation of the plan. Clinton County has not been able to successfully secure funds to date.

**2. Identify any successes/how implementing this plan has worked to strengthen the council and county collaboration.**

Clinton County has collaborated with the local Health Department and with HealthFirst, whom we have approached for funding. We have also continued our collaboration with members of the Family and Children First Council. In addition, the shared plan has helped to create relationships with other agencies within the county.

Our FCFC council is now in alignment with the state health improvement plan.

**Report on Indicator Data** (Provide data for each outcome indicator listed on the Shared Plan. List only ONE outcome per page. This page can be duplicated as needed).

Shared Outcome: REDUCE THE PREVALENCE, AND NEGATIVE IMPACT, OF TYPE II DIABETES.

Shared Measurement Indicator(s):	Baseline Data	Current Year Data	Direction of Change (+, -, NC)
DIABETES PREVALENCE RATE (Percentage of adults aged 20 and above with diagnosed diabetes)	Data: 11% Year of Data: 2016	Data: 12% Year of Data: 2017	-
OBESITY RATE (Percentage of adults that report a BMI of 30 or more)	Data: 35% Year of Data: 2016	Data: 34% Year of Data: 2017	+
PHYSICAL INACTIVITY RATE (Percentage of adults aged 20 and over reporting no leisure-time physical activity)	Data: 34% Year of Data: 2016	Data: 33% Year of Data: 2017	-
NUMBER OF A1C BLOOD TESTS CONDUCTED	Data: 5612 Year of Data: SFY2016	Data: 6998 Year of Data: SFY2017	+

**3. List the data source(s) for the indicator(s):**

Kelsey Swindler, Marketing and Communications Coordinator at Clinton Memorial Hospital Regional Health System  
 Michael Meade, Laboratory Director at Clinton Memorial Hospital Regional Health System  
 2017 Robert Wood Johnson Data

**4. Identify any key findings (explanation of data findings; FCFC actions taken in response to key findings, etc.):**

Although Clinton County appears to be moving in a positive direction with an increase in the number of A1C blood tests conducted at Clinton Memorial Hospital from SFY16 to SFY17 and the obesity rate moving in the right direction (although still 3% higher than the state rate), statistics still show that improvement needs to be made to key health behaviors associated with diabetes. According to the 2017 Robert Wood Johnson data, Clinton County’s diabetes prevalence rate is at 12%, a 1% increase from the previous year but still comparable to the state rate. This same negative pattern exists when looking at the physical inactivity rate as well with a 1% increase, ranking Clinton County at 33% which is well above the state rate of 25%.

Clinton County FCFC is hopeful that funding will be made available to implement the next phase of our plan. The next phase includes a “Know Your Numbers” campaign and to provide a community-based screen program including early intervention for those identified as at risk of having pre-diabetes as well as referrals for those with undiagnosed/untreated diabetes.